



COMMONWEALTH HOME SUPPORT PROGRAM

If you are having trouble coping with everyday tasks and feel that a little support could improve your health and wellbeing, the Commonwealth Home Support Program (CHSP) could help you to access entry-level support to live independently and safely at home.

We tailor our services to meet your individual needs and goals. We provide holistic and personalised supports that work with you to maintain your independence.

ELIGIBILITY

You can be referred to CHSP by contacting My Aged Care on 1800 200 422 if you are:

- 65 years of age or older;
- or 50 years or older for Aboriginal or Torres Strait Islander people.

CHSP OFFERS:



Assistance with care & housing



In home respite



Social and recreational support



Cleaning services



Transport and assistance with shopping



Self care and assistance with medication



Assistance to prepare meals



Gardening and maintenance



Allied Health and Nursing

Please contact Footprints if you wish to speak to someone in our team.

P: 07 3252 3488

F: 07 3252 3688

www.footprintsinc.org.au

P.O. Box 735 New Farm QLD. 4005

Fortitude Valley | West End |

Strathpine | Kingston



Australian Government

Department of Health