

## Peer Worker – Recovery, Wellness and Housing Service

### Position Details

This position is responsible for ensuring adults with a severe mental illness whom are at risk of homelessness are provided support to achieve program objectives in line with the model of service delivery set out by Footprints in collaboration with Metro North/Metro South Hospital and Health Service.

The Recovery, Wellness and Housing Service aims to make a real difference to outcomes for those who meet the requirements:

- Individuals aged 18 years and over
- Experiencing a severe mental illness
- Accessing or recently (within the last three months) accessed mental health clinical care through a Hospital and Health Service (HHS)
- Referred by the HHS
- Residing in boarding houses, crisis accommodation or hostel.

<b>Employer</b>	Footprints in Brisbane Inc. (Footprints)	<b>Program Area</b>	Mental Health Services
<b>Location</b>	Fortitude Valley/West End	<b>Salary Range</b>	As per Award rates
<b>Status</b>	Fixed Term Full Time	<b>Hours/FTE</b>	38 hours per week
<b>Industrial Instrument</b>	Social, Community, Home Care and Disability Services Industry Award 2010	<b>Classification Level</b>	Level 3
<b>Reporting relationships</b>	This role reports to the Team Leader – Recovery, Wellness and Housing Service		

### Responsibilities

Key Responsibilities
<ul style="list-style-type: none"> <li>▪ Provide direct outreach, psychosocial support and practical assistance to individuals within the service</li> <li>▪ Provide ongoing support and mentoring to individuals, carers and supportive others where needed</li> <li>▪ Provide psychosocial interventions and supports to encourage greater stability in accommodation, enhance personal responsibility, increase self-determination and improve lifestyle choices</li> <li>▪ Introduce and encourage a focus on health and wellbeing concepts and strategies to enable individuals to self-manage their condition</li> <li>▪ Provide information and facilitate connection between an individual's services and supports relating to identified needs</li> <li>▪ Attend internal and external meetings, including committee meetings</li> <li>▪ Actively participate in adopting a culture and language of hope and optimism</li> <li>▪ Present recovery concepts to the individual drawing on personal experiences actively and constructively as living evidence there is hope</li> <li>▪ Provide opportunity for peer support and mentoring to build self-efficacy, promote insight, and to provide a role model of recovery in action</li> <li>▪ Comply with reporting requirements by collecting, collating and communicating all relevant data to the appropriate internal and external stakeholders as required</li> <li>▪ Refer to a group-based peer recovery support program where appropriate to encourage greater social connection and access to specific peer led group/activities</li> </ul> <p><b>General</b></p> <ul style="list-style-type: none"> <li>▪ Follow all organisational policies and procedures</li> <li>▪ Participate in monthly professional supervision sessions, and ongoing learning and development activities</li> <li>▪ Promote and maintain a safe and healthy work place, ensuring adherence to WHS policies and procedures</li> <li>▪ Work within the vision, mission and values of Footprints</li> </ul>

## Knowledge and Skills

### Essential

- Have a lived experience, and or of someone accessing, or supporting someone as a carer to access health services, and is sufficiently progressed and comfortable in your recovery journey to be able to articulate the concepts and principles of recovery
- Capacity to undertake the role without undue impact on your health, through effective strategies to maintain wellness
- Demonstrated experience and understanding of the provision of support services to people with severe mental illness and at risk of homelessness
- Ability to be respectful, calm and encouraging towards consumers and have patience and understanding of others' recovery journey, including the ability to set boundaries and be self-aware
- Ability to show initiative, think critically and make judgments based on sound reason and the information/evidence presented
- Demonstrated capacity to encourage and support individuals to engage in meaningful activities
- Good written and verbal communication skills, and computer literacy
- Current class C driver license, Yellow Card, and satisfactory national police check

### Desirable

- Current First Aid Certificate
- Certificate IV in Mental Health Peer Work/ Diploma of Mental Health