

FOOTPRINTS TOUCH FOOTBALL PROGRAM



-  Every week on Tuesday
-  Time: 10.30am – 12.00pm
-  Location: New Farm Park – Soccer Fields.



What is the Touch Football Program?

The Touch Football program is a casual and social game of touch football organised by Footprints that promotes healthy lifestyles and physical activity through social inclusion and community development.

What to Expect

- Touch Football is held on Tuesdays by two facilitators from the Footprints organisation
- We meet weekly for 1.5 hours
- Touch runs from 10.30am – 12.00pm
- To feel welcomed to participate regardless of skill level

What We Expect from You

- To bring a social, friendly and fun-loving attitude
- Participate at your level of comfort
- To be a good sport
- To have fun

Eligibility

- Live in North and South Brisbane Area
- Aged between 18 and 65
- Experiencing Mental Health Challenges

For more information contact:

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